

Professional Disclosure Statement **Stanley D. Arnold, M.A., M.Div., LFMT**

Qualifications/Experience: Over thirty years of helping people walk through life's most difficult challenges, first as a Pastor and then adding Licensed Marriage and Family therapist to the toolkit.

I hold the following degrees & certifications:

- Master of Divinity, 1992, Assemblies of God Theological Seminary, Biblical Languages and Pastoral Counseling
- Master of Arts, Community Counseling, Columbus State University - 2008
- Licensed as a Marriage and Family Therapist in FL
- Clinical Member and Approved Supervisor, American Association of Marriage and Family Therapist 2012
- Certified Emotionally Focused Therapist
- Certified Eye Movement and Desensitization and Reprocessing Therapist

I have served for the last sixteen years as an Army Chaplain. I served in Iraq during Operation Iraqi Freedom in 2003, pitching my tent at Baghdad International Airport. I supported many thousands of soldiers and families through the following ten years of continuous operations overseas by providing support to families as their soldiers went off, many for the third and fourth time to a combat zone in Iraq, and then in Afghanistan. Some units that I supported included 3rd Armored Cavalry Regiment, 101st Airborne (Air Assault) Division, 5th Special Forces Group, 160 Special Operations Aviation Regiment and finally the 197th Infantry Brigade and the tens of thousands of soldiers cycling through Fort Benning, GA for training.

My passion is working with individuals and couples who are stuck because of highly emotional events in their lives. I combine compassionate care with clinically proven therapy interventions to help bring resolution and healing. These events, both big "T" traumas like combat or sexual assault, or little "t" traumas like harsh words or neglect, can leave a lasting mark on who we are and how we navigate through our world with other people. These events can affect how we feel about ourselves and other people. I help people with:

- Individuals, couples, families, veterans, and military connected people
- Trauma – any event that brings the past into the present in a way that inhibits daily life
- PTSD and other large traumatic events to include sexual abuse and assaults, accidents
- Anxiety, fear and depression
- Addiction – drugs, alcohol, tobacco, pornography, anything that has a grip on you, rather than you having a grip on it
- Grief & Loss
- Marriage issues including communication, infidelity, illness, addictions, & "not in love" anymore
- Compulsive behaviors
- Parenting

Thank you for allowing me to walk with you through this portion of life. Just as Psalm 23 states that when we walk through the valley of the shadow of death the LORD will be with us, I pledge to walk with you through your valley.