



Professional Disclosure Statement **Rev. Brianna Piampiano, MSMFT, LCPC**

Qualifications/Experience: I am pleased that you have selected me as your mental health provider. This document is to provide you with information regarding my background and increase your understanding of our professional relationship.

I hold the following degrees:

- ❖ Master of Science - Marriage and Family Therapy, Southeastern University – 2017
- ❖ Bachelor of Science - Practical Theology, Southeastern University - 2012

I am a Licensed Clinical Pastoral Counselor through the National Christian Counselor's Association. This is a reflection of both my master's degree and my pastoral license. After earning my bachelors in Theology, I attained my Pastor license and youth pastored for just under 3 years, until I felt called to a masters in counseling, where I believe my giftings would be most effective. After earning my masters in counseling, I worked at a gym where I learned more of the connection of the intertwined areas of health. My counseling experiences include Peace River Center, Lighthouse Ministries, Families First of Florida, and Church at the Mall Counseling Center. I have worked with individuals and couples to help them get back on track when they felt they have lost their footing. I am a member of the American Association of Christian Counselors and am SYMBIS certified. My practice provides for services below but is not limited to:

- ❖ Individual, Couples, Family, and Adolescents
- ❖ Behavioral Issues, Depression, Anxiety, Grief/Loss, Self-Esteem, Identity, School Issues
- ❖ Marital, Premarital Counseling (SYMBIS certified), Singleness
- ❖ Spirituality
- ❖ Relationship Issues, Peer Relationships, Parenting Relationships, Family Conflict
- ❖ Life Coaching, Coping Skills, Life Transitions, Stress
- ❖ Certified Temperament Counselor

Nature of Counseling: I believe wholeness consists of four intertwined areas of health: spiritual, mental, emotional and physical. My desire is to assist you in achieving and thriving at your greatest potential. What is keeping you from being who you were designed to be? Maybe you have hit a few bumps in the road and have lost your footing or your path. Maybe there are a lot of bumps, or maybe they are hills or even mountains. It is in those seasons we need a fresh set of eyes, renewed inspiration, and motivational encouragement to help us get back on track.

I believe counseling is a process tailored to the client's needs. It may involve a variety of tools and skills, such as: verbal processing, emotional processing, diving into one's past to understand themselves today, discovering one's temperament to learn how to live at peace based on one's design, or solidifying knowledge and belief in God and His Word. I believe in homework to help apply the new information gleaned.

Together we can conquer those mountains, one step at a time and re-discover inner peace. I'm happy you are ready for things to change for the better so that you can fulfill your purpose.